



Personal Information

Name \_\_\_\_\_ DOB \_\_\_\_\_  
Full Address \_\_\_\_\_  
Phone (day) \_\_\_\_\_ (evening) \_\_\_\_\_ Primary Physician \_\_\_\_\_  
Email \_\_\_\_\_  
Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_  
How did you hear about us? \_\_\_\_\_

Medical Information

Are you taking any prescriptions?

Yes No

If yes, please list name and use:

\_\_\_\_\_  
\_\_\_\_\_

Are you currently pregnant?

Yes No

If yes, how far along? \_\_\_\_\_

Any high risk factors? \_\_\_\_\_

Do you suffer from chronic pain?

Yes No

If yes, please explain: \_\_\_\_\_

What makes it better? \_\_\_\_\_

\_\_\_\_\_

What makes it worse? \_\_\_\_\_

\_\_\_\_\_

Have you had any orthopedic injuries?

Yes No

Please indicate any of the following that apply to you:

- |                         |                    |
|-------------------------|--------------------|
| Cancer                  | Fibromyalgia       |
| Headaches/Migraines     | Stroke             |
| Arthritis               | Heart Attack       |
| Diabetes                | Kidney Disfunction |
| Joint Replacements      | Blood Clots        |
| High/Low Blood Pressure | Numbness           |
| Neuropathy              | Sprains or Strains |

Explain any conditions you have marked:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you had a professional massage before? Yes No

What type of massage are you seeking?

Relaxation Therapeutic/Deep Tissue Other: \_\_\_\_\_

What pressure do you prefer?

Light Medium Deep

Do you have any allergies or sensitivities? Yes No

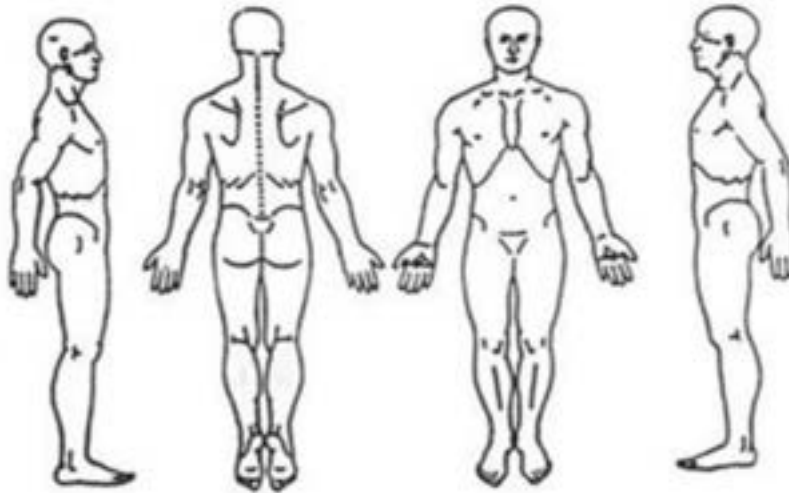
Please explain: \_\_\_\_\_

Are there any areas (feet, face, abdomen, etc.) you do not want massaged? Yes No

Please explain: \_\_\_\_\_

What are your goals for this treatment session? \_\_\_\_\_

Please circle (click) any areas of discomfort below:



By signing below you agree to the following. I have completed this form to the best of my ability and knowledge and agree to inform my therapist if any of the above information changes at any time.

Client Signature Date

Therapist Signature Date